

Sample Daily Schedule

School & Youth Groups

Estimate group size of 80

8:45

Group arrives

Large Group Game(s)

Split up into small groups

9:00 – 10:30 Program Period One

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|-------------------|----------------|
| 1) Climbing Tower | 5) Initiatives |
| 2) Climbing Tower | 6) Initiatives |
| 3) Climbing Tower | 7) Initiatives |
| 4) Initiatives | 8) Initiatives |

9:00 – 10:30 Program Period Two

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|-------------------|-------------------|
| 1) Initiatives | 5) Climbing Tower |
| 2) Initiatives | 6) Low Ropes |
| 3) Initiatives | 7) Low Ropes |
| 4) Climbing Tower | 8) Low Ropes |

12:00 – 12:30 Bag Lunch in the Lodge

10:30 – 1:45 Program Period Three

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|--------------|-------------------|
| 1) Low Ropes | 5) Low Ropes |
| 2) Low Ropes | 6) Climbing Tower |
| 3) Low Ropes | 7) Climbing Tower |
| 4) Low Ropes | 8) Climbing Tower |

Group departs at 2:00

Sample Weekly Schedule

School & Youth Groups

Group size of 80 students, 20 teachers and parents

Day One

10:30 Group arrives
Orientation
Large Group Game
Bring luggage to cabins

11:40 Students to Dining Hall for meal orientation

12:00 Lunch

1:15 **Meet at Lodge Field**
Large group games
Split up into 8 small groups

2:00 – 3:15 **Program Period One**
(Small group games/initiatives)

3:30 – 4:45 **Program Period Two**
(Intro to Outdoor Education & Weather)

4:45 – 5:15 Open Recreation

5:30 Dinner

7:30 Night Awareness Activity

Day Two

8:00 Breakfast

9:00 – 10:20 **Program Period Three**

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|--------------------|-----------------|
| 1. Coastal Ecology | 5. Pred/Prey |
| 2. Coastal Ecology | 6. Orienteering |
| 3. Pond Ecology | 7. Low Ropes |
| 4. Pred/Prey | 8. Low Ropes |

10:30 – 11:45 Program Period Four

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|--------------------|-------------------|
| 1. Coastal Ecology | 5. Forest Ecology |
| 2. Coastal Ecology | 6. Forest Ecology |
| 3. Low Ropes | 7. Orienteering |
| 4. Orienteering | 8. Pond Ecology |

12:00 Lunch

1:15 – 2:45 Program Period Five

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|--------------------|-------------------|
| 1. Tower | 5. Pond Ecology |
| 2. Tower | 6. Pred/Prey |
| 3. Coastal Ecology | 7. Pred/Prey |
| 4. Coastal Ecology | 8. Forest Ecology |

3:00 – 4:30 Program Period Six

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|--------------------|-----------------|
| 1. Pond Ecology | 5. Orienteering |
| 2. Low Ropes | 6. Low Ropes |
| 3. Coastal Ecology | 7. Tower |
| 4. Coastal Ecology | 8. Tower |

4:30 – 5:15 Open recreation time

5:30 Dinner

7:00 Campfire

Day Three

8:00 Breakfast

9:00 – 10:15 Program Period Seven

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|-------------------|--------------------|
| 1. Forest Ecology | 5. Coastal Ecology |
| 2. Pred/Prey | 6. Coastal Ecology |
| 3. Forest Ecology | 7. Pond Ecology |
| 4. Low Ropes | 8. Pred/Prey |

10:30 – 11:45 Program Period Eight

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|-----------------|--------------------|
| 1. Pred/Prey | 5. Coastal Ecology |
| 2. Pond Ecology | 6. Coastal Ecology |

3. Pred/Prey
4. Forest Ecology

7. Forest Ecology
8. Orienteering

12:00 Lunch

1:15 – 2:45 **Program Period Nine**

1. Orienteering
2. Orienteering
3. Tower
4. Tower

5. Low Ropes
6. Pond Ecology
7. Coastal Ecology
8. Coastal Ecology

3:00 – 4:30 **Program Period Ten**

1. Low Ropes
2. Forest Ecology
3. Orienteering
4. Pond Ecology

5. Tower
6. Tower
7. Coastal Ecology
8. Coastal Ecology

4:30 – 5:15 Open recreation time

5:30 Dinner

7:30 Mission Impossible

Day Four

8:00 Breakfast

9:00 – 10:30 Clean-up at the Cabins (supervised by Chaperones)

10:30 – 11:30 Everybody goes to the basketball court for final games and talk

11:30 Lunch

12:15 Farewell @ BB Court