



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
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Early Learning Center News

February 2016 Edition



Fall Enrollment at the ELC

Enrollment packets for current students who will be returning are due Friday, February 5th. On Monday, February 8th we will be reaching out to those on the waiting list to fill open spots. Thanks!

The season for fall 2016 registration is upon us! If you plan to enroll your child at the ELC for the

upcoming 2016-17 school year (starting September 5, 2016), all families must complete a new enrollment packet and submit a \$60.00 annual registration fee in order to secure their child's enrollment.

Please note that in order to be registered for the next school year, Kim Crespi must have the \$60.00 annual registration fee (\$100.00 family limit) and the child's enrollment information. Once we have your child's enrollment packet and annual registration fee we will be able to make plans to place them in their appropriate classroom for the next school year.

February Family Play Date in the KidZone



Join other ELC families and have some KidZone fun on Saturday, February 20th from 9:00-10:30am. This is a great way to meet other families, or to make a plan to get together and play!

Save the Date! ELC Family Dinner Night at Emilson

Please join us for ELC Family Dinner Night at the Simply Dunn Café at the Emilson YMCA (75 Mill St. Hanover) on Thursday, March 10th from 5:30-7:30pm. ELC families will be able to dine together, use the family pool, and explore all of the family friendly features that the Emilson YMCA has to offer. The pool will be open for family swim from 6:00-7:00pm. In addition, the Simply Dunn Café will donate 10% of the sales from that night to the Early Learning Center (please be sure to mention to the staff that you are part of the ELC party). Join us for a night of family fun!



Early Learning Center Swim Reminders

ELC swim is one of our programs that distinguishes us from other early childhood centers. It is a

wonderful opportunity for children to learn about water safety and the beginnings of becoming an independent swimmer! Our teachers put a great deal of effort into these lessons weekly to ensure that they run efficiently and safely. Wondering how you can help?

Here's how:

- **Children who are swimming must be at school no later than 9:00am on their swim day.** This allows us to plan the group make-up, how many trips need to be taken to Emilson, and how many lessons will need to be taught by Emilson Aquatics Staff. **If your child is not at school by 9:00am**

on their swim day, they will not be able to swim on that day but will stay back with a preschool teacher engaged in activities.

In order to ensure that our lessons run smoothly and in a timely manner, we cannot make exceptions to this rule.

- **Send your child to school with their bathing suit on under their clothing.**
- **Clearly label all of your child's belongings.**
- **Place underwear, pull-ups, swim diaper, and towel in the labeled swim bag that was provided by the ELC.**

Thank you for your help in making our ELC swim lessons a success!

Know How to Stay in the Know About Snow Closures at ELC

Please note that all updates regarding ELC closures will be posted on the website at www.ssymca.org As email blasts to families are not always an option during a large storm we rely on the website as the consistent means of communicating this information. In addition, to be added to a group texting service to receive text message updates, text the message @ebed8 to 781-558-9920.



family
resources

Have You Visited the McKim Family Resource Center Lately?

On your way out one evening, please stop by and visit our family resource

center located just outside of the KidZone. Donated by the McKim family, the resource center houses information on families on raising young children, family

friendly recipes, and books to borrow and read to young children about difficult topics such as the death of a loved one, and keeping their bodies safe. Also housed in the Resource Center is our Little Free Library, a place for children to take and return a book.



Here is an example of an excerpt from the free "Parenting Corner" magazines in the Resource Center. This article is from the Positive Discipline series:

Set the Stage for Good Behavior Every Day!

Some Preschool Friendly Tips:

- **Use Teachable Moments:** Talk about the good behavior you expect or see around you whenever you're together. The message will sink in more when you are both calm and relaxed.
- **Follow a Routine:** Knowing what to expect helps your child feel safe and confident.
- **Give Your Child Choices:** These should be simple, safe choices (what clothes to wear, what games to play).
- **Aim for a Balance of Active and Inactive Play:** Limit your child's screen time to 2 hours of educational content a day (or less). Any more than that will take away from his or her time for active, energy-burning play.
- **Recognize Good Behavior:** Although behaving well should be its own reward, small rewards can help young children along the way. Examples are your time and affection!