



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUILDING BRIDGES – Social Skills!

Uses social thinking strategies to set up for success
throughout the South Shore YMCA!

Ideal for kids or teens with Autism Spectrum Disorder, ADD/ADHD or anyone who could benefit from social skills coaching. Come join us for an hour of exciting games and activities while working on basic social skills like good sportsmanship, independence and flexibility with an emphasis on “expected” and “unexpected” behaviors.



EMILSON BRANCH

Building Bridges (Ages 4-6)
SAT: 11:00 AM - 12:00 PM

Building Bridges (Ages 7-9)
SAT: 9:30 AM - 10:30 AM

Building Bridges (Ages 10-13)
WED: 5:30 PM - 6:30 PM

QUINCY BRANCH

Building Bridges (Ages 10-13)
SAT: 9:30 AM - 10:30 AM

Building Bridges (Ages 6-9)
SAT: 11:00 AM - 12:00 PM

Teen Social Group (Ages 12-18)
FRI: 7:00 PM - 8:30 PM

* Adult group also offered MON/WED