

Early Learning Center-North Quincy

February 2019 News



Family Nights are a great opportunity to learn more about your child's class and meet the ELC-North Quincy families! We will be looking at a day and time that we can bring all of you together to explore what your children has done in their classroom and what they are learning. You will be getting information in the upcoming weeks so please look out for that!

Help keep our ELC healthy during the season & please remember these handy tips:

I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
Temperature of 100.4 or higher	Within the past 24 hours	Within the past 24 hours.	Body rash with itching or fever.	Itchy head, active head lice.	Redness, itching, and/or "crusty" drainage from eye.	Hospital stay and/or ER Visit

I AM READY TO GO BACK TO SCHOOL WHEN I AM....

Fever free for 24 hours without the use of fever reducing medication i.e. Tylenol, Motrin	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash itching, or fever. I have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home and proof is provided to nurse.	Evaluated by my doctor and have note to return to school	Released by my medical provider to return to school.
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Valentine's Day!

As we think about celebrating holidays with children it is easy to let our mind instantly jump to candies, sweets, and treats. Our goal at ELC –North Quincy is to teach children about Healthy Living and establishing healthy habits right from the start. If you are volunteering to provide a snack for Valentine's Day, please consider the healthier options of "Red Items," such as pink applesauce, watermelon, strawberry yogurt, etc. By providing these snacks on a special day, we are showing children that healthy food is also special and fun!



LOOKING FOR A HINT TO MAKE VALENTINES WITH YOUR CHILD?

Don't worry about writing the name of each individual child in your child's class on their Valentines. Instead, make it a meaningful activity for your child where they may practice writing/recognizing their own name. For younger children try using printable (or blank) labels with your child's name on them and have the child stick the label onto the card (great pincer grasp skill building!) . This way, when your child delivers the cards they will not have to know how to read the names, they simply will "deliver" their special Valentine to each friend and everyone will know who it is from!

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To ensure the safety of all, **please take your time and drive carefully while in the parking lot.** It gets very busy at drop off and pick up times. Please remind your child to hold hands and walk closely to whoever is picking up!!



ELC- North Quincy Best Practices and Policies

As we begin a new year with some new friends and families it is a great time to send out a few reminders about ELC's best practices and policies to maintain a safe and efficient early childhood center. Please read over the following and do not hesitate to ask if you have any questions.

- ✓ Please note: **Please ensure that you refrain from using the handicap bottoms to exit the building.** We understand that the children like to press the buttons but let's give these kids a teachable moment and explore the possibilities of them learning why they are there and how important it is for those that need them.
- ✓ ELC is a locked building at all times. All enrolled families and staff have key fobs to access the building. **Please do not hold the door open for others.** Visitors should be encouraged to ring the doorbell and wait for an ELC staff person to answer. Remember, this policy is not rude, it's safety.
- ✓ **If your child will be late (after 9:00am) or absent, please call or email the Center to**

inform us of their absence. We will call to inquire about your child if we are not aware of their planned absence.

- ✓ Families are welcome to call the Center during rest time daily (1:00-2:30pm) to inquire about their child.



Get Important Updates from ELC-North Quincy via the Remind Text Messaging App

Remind is a free, safe, and simple messaging tool that helps teachers share important updates and reminders with students and parents. Subscribe by text, email or using the Remind app. All personal information is kept private. ELC staff will never see your phone number, nor will you see ours.

To join and receive information about emergency closures due to inclement weather and other reminders, text the following message @b6e3kk to the number 81010

OR

If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

<https://www.remind.com/join/rmd.at/b6e3kk>

Please feel free to reach out to Director Jo-Jo Reed and Kristine Swan with any questions or comments. We value your feedback!

Jo-Jo Reed

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