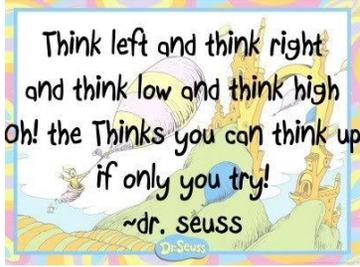


Early Learning Center-North Quincy March 2019 News

The Wonderful World of Dr. Seuss



As March comes in like a lion in Massachusetts, at the ELC – North Quincy we will be entering the “Wonderful World of Dr. Seuss!”

Children and their teachers will be reading his great works of literature, exploring many art activities that relate to his books, and participating in many language based



activities to support their development in this area. Dr. Seuss is the master of tongue twisting rhymes that even the most fluent of readers can twist their tongues on. His books offer a great way for

children to build pre-reading skills such as phonemic awareness (the awareness of sounds in words), rhyming, and concepts about print. Families can promote these skills in children by simply reading Dr. Seuss books aloud to their children.



Rhyming Scavenger Hunt Hide objects or pictures in the home or outside. Give your child picture checklists and have them go hunting for rhyming words!

Here’s a reading game you can play together: as you read, leave off the final word in a sentence that has a rhyming pair and see if the child can supply the missing word. For example:

Some are red, some like blue, Some are old, and some are _____!



ELC-North Quincy Best Practices and Policies

A few reminders about ELC’s best practices and policies to maintain a safe and efficient early childhood center. Please read over the following and do not hesitate to ask if you have any questions.

- ✓ Please note: For safety reasons: **DO NOT** leave your cars running in the parking lot while dropping your child off for school.
- ✓ Your children should always accompany you whenever you need to bring something in the Center. Per MA laws never leave children unattended in your vehicles.



Please note and respect that out of concern for individuals with severe allergies, the Early Learning Center-NQ is Peanut/Nut Free, Egg Free, and Fish Free



When packing your child’s lunch for the

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day here are some suggestions for healthy children's lunches:

Menu Suggestions:

- **Protein Foods**- turkey breast, chicken, turkey, ham, leftover chicken, beans, yogurt, meatloaf slice, cottage cheese spread, macaroni and cheese, taco, stew, cold pizza
- **Grains**- bagel, pita bread, whole wheat bread, whole grain bread, raisin bread, roll, rice, crackers, cereal mix, pasta salad, rice cakes, low fat crackers
- **Fruits**- apple, pear, melon, pineapple, papaya, fruit salad, banana, applesauce, raisins, dried fruits, and peaches.
- **Vegetables**- lettuce and tomato, tossed salad, carrot sticks, raw vegetables and dip, pickles, sliced cherry tomatoes, sprouts, green pepper, potato salad, baked potato (carrot sliced not cubed/round)



Get Important Updates from ELC-North Quincy via the Remind Text Messaging App

Remind is a free, safe, and simple messaging tool that helps teachers share important updates and reminders with students and parents. Subscribe by text, email or using the Remind app. All personal information is kept private. ELC staff will never see your phone number, nor will you see ours.

To join and receive information about emergency closures due to inclement weather and other reminders, text the

following message @b6e3kk to the number 81010

OR

If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

Rmd.at/b6e3kk



Join us for the Region's Premier Tasting and Social Event: The Taste of the South Shore

The Taste of the South Shore is our annual signature fundraising event, featuring gourmet tastings from over 35 of the region's premier restaurants, breweries, and wineries. Enjoy a night out while raising funds to benefit the YMCA and to strengthen families and children in spirit, mind, and body. Purchase your tickets today by visiting ssymca.org or contact Senior Development Director [Michelle Duggan](mailto:mduggan@ssymca.org) at mduggan@ssymca.org to learn more.

Reach out to Director Jo-Jo Reed or Kristine Swan with any questions or comments. We value your feedback!

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