Veterans Day Tribute

We will proudly be working with the children to create Thank-you cards for our veterans. We ask you to please share pictures of a family member who has served or is currently serving for our nation. The Veterans’ Thank-you cards will be given to our local Veteran’s Post and will be displayed for all to see.

Jump for the Y

Jump into the season of giving! Often, parents want to teach their kids to give back and to spend their time, efforts and money on helping others, but don’t know where to start. This November 13-14, your child will have an opportunity to learn more about giving back by participating in the Jump for the Y Fundraiser during their school day! Please help us raise $3000 to help children and families belong, and participate in our Y community. Please look for the packet going home with your child on Tuesday, November 5th.

Meet & Greet

Want to meet some other caregivers in the center. Stop in on Wednesday, November 6th 5:00 – 5:45pm for a meet and greet “coffee hour” to meet the other caregivers in the center. Hope to see you there.

Parent Workshop – How to reduce stress in your child’s life, November 21st 6 – 7:30pm (child care and pizza will be provided for children)

- **PICTURE DAY** Tuesday, November 26th
- **The State Street ELC will be CLOSED on Thursday November 28th and Friday November 29th for Thanksgiving Break**
- **There will be NO Aquatic Safety Sessions on the week of Thanksgiving**
- **The State Street ELC will be CLOSED on Wednesday, December 25th** (early closure Christmas Eve)
- **The State Street ELC will be CLOSED on Wednesday, January 1st** (early closure New Year’s Eve)

**Friday Family Fun Night with AXTION Technology:** Gamify the Y!

Bring your family and join us in testing out some of the newest digital fitness game concepts at our branches from Fri, Nov. 22 - Sat. Nov. 23! During Friday Family Fun Night (Emilson) and Family Prime Time (Quincy), AXTION Technology will gamify our Ys into an interactive playground. Lights, sounds and video will transform our spaces into engaging, immersive video games! Visit ssymca.org for additional details as the dates approach!

**The SSYMCA Emilson Branch:** Friday, November 22 5:00pm-7:00pm
**The SSYMCA Quincy Branch:** Saturday, November 23 3:00pm-4:30pm
Baby, It’s Getting Cold Outside (But We Still Go Outside to Play)!

A gentle reminder to please send your children to school with proper cold gear: hats, mittens, coats, and when snow is on the ground - snow pants. If you have extra cold weather items to donate to the Center, we’ll take them. These items will help us to “lend” items to children when they are forgotten/misplaced so that the rest of the class can get outside! Please check your child’s extra clothes to make sure its weather appropriate! Thank you!

Families please use the State Street ELC’s front main door only. Please make sure you are using your fob to enter the front door. If you need a new fob please see the office. The loading dock door and SSYMCA door are staff access only. If you are going to use the SSYMCA’s facility, please walk around and use the SSYMCA main entrance.

• Please note: YMCA parking lot is ONLY to be used for YMCA participants who are using the facility. Please DO NOT park your car here if you are using public transportation.

• If your child will be late (after 9:00am) or absent, please call or email the Center to inform us of their absence. We will call to inquire about your child if we are not aware of their planned absence.

In hopes of keeping our center healthy during the season please remember these handy tips:

<table>
<thead>
<tr>
<th>I NEED TO STAY HOME IF...</th>
<th>I AM READY TO GO BACK TO SCHOOL WHEN I AM...</th>
</tr>
</thead>
<tbody>
<tr>
<td>I HAVE A FEVER</td>
<td>Free from fever for at least 24 hours.</td>
</tr>
<tr>
<td>I AM VOMITING</td>
<td>Free from vomiting for at least 24 hours.</td>
</tr>
<tr>
<td>I HAVE A DIARRHEA</td>
<td>Free from diarrhea for at least 24 hours.</td>
</tr>
<tr>
<td>I HAVE A RASH</td>
<td>Free from rash for at least 24 hours.</td>
</tr>
<tr>
<td>I HAVE A HEAD LICE</td>
<td>Treated with appropriate medication.</td>
</tr>
<tr>
<td>I HAVE AN EYE INFECTION</td>
<td>Evaluated by my doctor.</td>
</tr>
<tr>
<td>I HAVE BEEN IN THE HOSPITAL</td>
<td>Released by my medical provider or school.</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Temperature of 100.4 or higher</td>
<td></td>
</tr>
<tr>
<td>Within the past 24 hours</td>
<td></td>
</tr>
<tr>
<td>Body rash with itching or fever.</td>
<td></td>
</tr>
<tr>
<td>Stuffy nose, active head lice, redness, itching, and/or “snot” drainage from nose.</td>
<td></td>
</tr>
<tr>
<td>Hospital stay and/or ER Visit</td>
<td></td>
</tr>
</tbody>
</table>

Get Important Updates from State Street ELC via the Remind Text Messaging App

Remind is a free, safe, and simple messaging tool that helps teachers share important updates and reminders with students and parents. Subscribe by text, email or using the Remind app. All personal information is kept private. ELC staff will never see your phone number, nor will you see ours.

To join and receive information about emergency closures due to inclement weather and other reminders, text the following message @bcgcg7 to the number 81010

If you have a smartphone, get push notifications. On your iPhone or Android phone, open your web browser and go to the following link: https://www.remind.com/join/bcg cg7

Please reach out to Director Mary Spargo and Assistant Director Ann Venuti with questions, we value your feedback!

Mary Spargo
South Shore YMCA State Street ELC Director
mspargo@ssymca.org
857-403-4721

Ann Venuti
South Shore YMCA State Street ELC Assistant Director
avenuti@ssymca.org
857-403-4749

State Street ELC Main Center Phone
857-403-4724