



# February Newsletter



## KidZone Family Playdate

Join us on February 15th 9:00am-10:00am to meet other ELC Families and help celebrate the re-opening of the KidZone!

I NEED TO STAY HOME IF...						
I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
Temperature of 100 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching and/or "crusty" drainage from eye.	Hospital stay and/or ER visit

I AM READY TO GO BACK TO SCHOOL WHEN I AM...						
Fever free for 24 hours without the use of fever reducing medication i.e. Tylenol, Motrin	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash, itching, or fever. I have been evaluated by my doctor if needed	Treated with appropriate lice treatment at home and proof is provided by the county health office	Evaluated by my doctor and have a note to return to school	Released by my medical provider to return to school

## It's Cold and Flu Season!

**Help us to keep the germs out of the ELC!**

- Handwashing is our best defense! Please have you children wash their hands as they enter the classroom.

- Keep children home who are displaying symptoms of the flu
  - Children will need to be picked up from school with a temperature of 101 and must be fever free without medication before returning to school.
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### **Winter Fresh Air is Good For Everyone!**

We love to play outside at the ELC! The benefits of playing outside in winter are huge for young children and their families. Here are some reasons why...

Breathing fresh air helps to strengthen the immune system. Playing outside allows us to get away from indoor germs and breathe fresh air. Additionally, playing outside helps children stay engaged in physical exercise. Outdoor winter play "gives children an opportunity for a change of environment, a balance in play and routine, and to perform large muscle activities." Playing outside in Winter also helps to engage children's imagination through play. Activities like building a snowman, going for a hike, and making tracks in the snow all help children to be more creative! Help us to make sure that children can play outside at ELC and are properly bundled for the cold weather by sending in the right clothing every day. This include boots, mittens, hats, coats, and snow pants! If you have any extras of these items that you would like to donate, we will take them to share with children who may have forgotten them at home.

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### **Family Advisory Council**

Our next Family Advisory Council Meeting is scheduled for Thursday, February 13th from 5:00pm-6:00pm. Please consider joining us! We look forward to having our core group of families at the meeting while also potentially welcoming new families!

## Summer Camp

Do you have older children and are beginning to look ahead to summer plans? Camp Gordon Clark at the Hanover Emilson YMCA has begun registration. Take a look at the link below for more information.

<http://ssymca.org/announcements/summercamp2020/>



## Give Kids A Smile

Hanover Pediatric Dentistry will be visiting the ELC on Wednesday, February 12th to celebrate their event with us. They will be providing screenings and fluoride applications to those who are interested. On Monday there will be a permission slip in your child's cubby. Please return to the office by Wednesday morning if you would like your child to participate.