



# FAMILY MEMBERSHIP ACTIVITIES

## EMILSON YMCA JUNE 18TH – AUGUST 14TH 2022

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY   |
|--|---|---|--|--|--|--|
| <ul style="list-style-type: none"> <li>Outdoor Center Pools 10am-6PM</li> <li>Open Gym 7am - 6PM</li> <li>Family Gym Time 1/2 1PM-3PM</li> <li>Outdoor Track 9-11am</li> <li>Playroom 9am-12PM</li> <li>Self-Guided Arts &amp; Crafts 9am - 12PM</li> <li>Board Games-Lobby 9am-4PM</li> <li>Bounce House 10am-2pm</li> <li>**ELC Playground 10am-4PM (1075 Washington St, Hanover)</li> <li>**Trails Open Science Center (48 Jacobs Lane, Norwell)</li> </ul> | <ul style="list-style-type: none"> <li>Outdoor Center Pools 1:30PM-6PM</li> <li>Open Gym 3PM - 9PM</li> <li>Family Gym Time 1/2 1PM-3PM</li> <li>Outdoor Track 9-11am</li> <li>Playroom 8am-12PM/4PM-8PM</li> <li>Family Farm Program-Elc 3:30-5PM</li> <li>**Trails Open science Center 4PM-7PM (48 Jacobs Lane, Norwell)</li> </ul> | <ul style="list-style-type: none"> <li>Outdoor Center Pools 1:30PM-6PM</li> <li>Open Gym 8am - 1PM</li> <li>Outdoor Track 9-11am</li> <li>Family Gym Time 1/2 1PM-3PM</li> <li>Open Gym Time 3PM-9PM</li> <li>Playroom 8am-12PM/4PM-8PM</li> <li>Family Pickle Ball 10am - 12PM</li> <li>**Trails Open Science Center 4PM-7PM (48 Jacobs Lane, Norwell)</li> <li>Family Zumba 6:30pm</li> </ul> | <ul style="list-style-type: none"> <li>Outdoor Center Pools 1:30PM-6PM</li> <li>Open Gym 8am - 1PM</li> <li>Family Gym Time 1/2 1PM-3PM</li> <li>Open Gym Time 3PM-9PM</li> <li>Playroom 8am-12PM/4PM-8PM</li> <li>Youth Group Fit Commit 4pm-5pm</li> <li>**Trails Open Science Center 4PM-7PM (48 Jacobs Lane, Norwell)</li> </ul> | <ul style="list-style-type: none"> <li>Outdoor Center Pools 1:30PM-6PM</li> <li>Open Gym 8am - 1PM</li> <li>Family Gym Time 1/2 1PM-3PM</li> <li>Open Gym Time 3PM-9PM</li> <li>Playroom 8am-12PM/4PM-8PM</li> <li>Outdoor Track 9-12PM</li> <li>Family Pickle Ball 10am - 12PM</li> <li>**Trails Open Science Center 4PM-7PM (48 Jacobs Lane, Norwell)</li> </ul> | <ul style="list-style-type: none"> <li>Outdoor Center Pools 1:30PM-6PM</li> <li>Open Gym 8am - 1PM</li> <li>Family Gym Time 1/2 1PM-3PM</li> <li>Open Gym Time 3PM-9PM</li> <li>Playroom 8am-12PM/4PM-8PM</li> <li>Outdoor Track 9-12PM</li> <li>Family Pickle Ball 10am - 12PM</li> <li>Self-Guided Arts &amp; Crafts 12PM - 4PM</li> </ul> | <ul style="list-style-type: none"> <li>Outdoor Center Pools 1:30PM-6PM</li> <li>Open Gym 8am - 1PM</li> <li>Family Gym Time 1/2 1PM-3PM</li> <li>Open Gym Time 3PM-9PM</li> <li>Self-Guided Arts &amp; Crafts 9am - 12PM</li> <li>Playroom 9am-12PM</li> <li>Open Family Track 9-11am</li> <li>Family Farm-ELC 12-2PM</li> <li>Bounce House 10am-2pm</li> <li>Family Yoga 10:30am</li> <li>Outdoor Sports Pavilion/Field 1PM-6PM</li> <li>**ELC Playground 10am-4PM (1075 Washington Street, Hanover)</li> <li>**Trails Open Science Center (48 Jacobs Lane, Norwell)</li> </ul> |

SOUTH SHORE YMCA – FAMILY ACTIVITY CALENDAR

\*Schedule is Subject to Change

\*\*Denotes Offsite Location from Emilson YMCA, 75 Mill Street

As of June 23, 2022

# FAMILY MEMBERSHIP ACTIVITIES

## EMILSON YMCA – JUNE 18–AUGUST 14, 2022

|  |  |
|--|--|
| <b>OPEN FAMILY SWIM</b>                    | Adult must be in water with child(ren). Waterslide is based on Lifeguard staffing availability and following our swimmer-to-guard ratios.  |
| <b>OPEN GYM</b>                            | Gymnasium court is open for member use   |
| <b>OPEN FAMILY TRACK/BALLFIELD OUTDOOR</b> | Outdoor Track and Ballfield are open for families to use. We have soccer balls available at the Member Service desk or you can bring your own ball to play. Track is approximately 1/4 quarter of a mile and encircles the field   |
| <b>PLAYROOM</b>                            | Playroom is available for Household Members of the South Shore YMCA for up to 90-minutes. This is a supervised program for children 6 weeks to 6 years old. Parent/Guardian must stay in Y facility while child(ren) are in facility   |
| <b>ARTS &amp; CRAFTS – SELF GUIDED</b>     | Located in our YMCA Lobby. A self-guided art project with supplies is available for children to build with their Parent/Guardian. Project will vary and is available while supplies last.  |
| <b>FAMILY PICKLEBALL</b>                   | Located in the back half of our gymnasium. Pickleball Courts are setup for families to play at their own pace  |
| <b>FAMILY GYM TIME (1/2 COURT)</b>         | Half of our gym will be dedicated to free play for families at the scheduled times   |
| <b>YOUTH STRENGTH DROP-IN</b>              | Our Health & Well-Being area is available for youth to use ages 8–11 years. Our Wellness Floor staff are available to give direction to participants during this time.   |
| <b>BOUNCE HOUSE</b>                        | Our inflatable Bounce House is setup for use in the back half of the gymnasium for kids to use while parent/guardian supervises.   |
| <b>FAMILY FARM PROGRAM</b>                 | Our YMCA Farm is located at 1075 Washington Street, Hanover at our Early Learning and Gymnastics Training Center in the back of the facility. The scheduled time will have a YMCA Staff member leading a project or activity at the farm. This is fun for the whole family. Dress appropriately when coming to our farm.                                   |
| <b>TRAILS–RAPTOR EXHIBIT</b>               | Come Visit our YMCA Science Center at 48 Jacob's Lane and walk our trails and visit our two raptors during your excursion. We have a Great Horned Owl and Red Tail Hawk that you can visit (Please Do Not Feed these animals, they have a special diet). Trail map is located on the right side of the main building and are self-guided.                  |
| <b>PLAYGROUND–ELC</b>                      | Our playground is located at the Early Learning Center Location at 1075 Washington Street (same site as our Farm)  |
| <b>OUTDOOR SPORTS PAVILION</b>             | Located on the Y lot near our Laura's Center for the Arts. This area features a custom built sport court that can be used for open play as well as shaded by our large tent. Activities you can do include basketball, pickleball, dodgeball or other fun games. Bring your imagination and have some fun as a family playing your favorite outdoor games. |

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