



FAMILY MEMBERSHIP ACTIVITIES HALE FAMILY YMCA – OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> Open Turf 7am - 4pm Open Basketball 7am - 6pm Open Family Track 9-11am Playroom 8:45am-12pm Arts & Crafts 9am - 12pm Family Pickle Ball 10am - 12pm Books & Bounce 11:30am - 4pm Family Mini-Soccer Games 12:30pm-1:30pm Family Movie Night* Open Family Swim Youth Strength Drop In - All Day Volunteer at Germantown Garden 	<ul style="list-style-type: none"> Open Turf 8am - 6pm Open Basketball 8am - 6pm Family Pickle Ball 10am - 12pm Playroom 8am-12pm/4pm-8pm Activity Center 8am-12pm 4pm - 8pm Self-Guided Arts & Crafts 12pm - 4pm TOT Gym 12:15 - 1:30pm Open Family Swim Youth Strength Drop In - All Day Family Ping Pong 4:30pm-6:30pm Gym Class Games 5-7pm Volunteer at Germantown 	<ul style="list-style-type: none"> Open Turf 8am - 6pm Open Basketball 8am - 6pm Playroom 8am-12pm/4pm-8pm Activity Center 8am-12pm /4pm-8pm Family Pickle Ball 10am - 12pm Self-Guided Arts & Crafts 12pm - 4pm Open Family Swim Family Yard Games 3pm-5pm Family Ping Pong 4pm-5:30pm Youth Strength Drop In- All Day Volunteer at Germantown 	<ul style="list-style-type: none"> Open Turf 8am - 6pm Open Basketball 8am - 6pm Playroom 8am-12pm/4pm-8pm Activity Center 8am-12pm /4pm-8pm Family Pickle Ball 10am - 12pm Self-Guided Arts & Crafts 12pm - 4pm TOT Gym 12:15 - 1:30pm Open Family Swim Family Kickball 4pm-5:30pm Open Spikeball 5:30pm-7pm Youth Strength Drop In- All Day Youth/Teen Mentoring at Germantown 	<ul style="list-style-type: none"> Open Turf 8am - 6pm Open Basketball 8am - 6pm Playroom 8am-12pm/4pm-8pm Activity Center 8am-12pm /4pm-8pm Family Pickle Ball 10am - 12pm Self-Guided Arts & Crafts 12pm - 4pm Open Family Swim Family Yard Games 3pm-5pm Family Kickball 5pm-6:30pm Youth Strength Drop In- All Day Volunteer at Germantown 	<ul style="list-style-type: none"> Open Turf 8am - 6pm Open Basketball 8am - 6pm Playroom 8am-12pm/4pm-8pm Activity Center 8am-12pm /4pm-8pm Family Pickle Ball 10am - 12pm Self-Guided Arts & Crafts 12pm - 4pm TOT Gym 12:15 - 1:30pm Open Family Swim Youth Strength Drop In- All Day Gym Class Games 4-6pm Kids Night Out* Volunteer at Germantown 	<ul style="list-style-type: none"> Open Basketball 7am - 6pm Self-Guided Arts & Crafts 9am - 12pm Playroom 8am-12pm Open Family Track 9-11am Family PoundFIT 10a (Every) Family Mini Soccer Games 10:30am-11:30am Open Turf 11am - 6pm Books & Bounce 11:30am - 4pm Open Family Swim Youth Strength Drop In- All Day ELC Playground 9-12pm Volunteer at Germantown Garden Touch-a-Truck* Trunk-or-Treat Halloween Celebration*

*All offerings are subject to change without notice.

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OPEN TURF & BASKETBALL	The courts and turf will be segmented by age group/family offerings. Come join us for Family fun!
OPEN FAMILY TRACK	7-13 year olds, supervised by an adult/guardian, can utilize the track
PLAYROOM	Exclusive to our Household Members – ages 6 weeks to 6 years
ARTS & CRAFTS – SELF GUIDED	Located outside of the Playroom, stop by and show you're artistic side.
FAMILY PICKLEBALL	Ages 7-13 years old, supervised by an adult/guardian, can play Pickleball. Equipment provided.
BOOKS & BOUNCE	3 Books will be read according to age in our Multipurpose B Conference Room then Bounce from 12pm – 4pm located on the Turf for ages 3-8.
YOUTH STRENGTH DROP-IN	Ages 7-12 year olds can learn to utilize specified Cardiovascular & Strength equipment within our Health & Wellness Center.
GERMANTOWN VOLUNTEERING	Volunteer at our Germantown Neighborhood Center Garden, our Food Pantry or Teen Mentoring Program! Contact Josh for more information: Jesquivel@ssymca.org
OPEN FAMILY SWIM	Located in our Family Pool or Lap Pool. Please check our website for open family swim times!
FAMILY GROUP EXERCISE	PoundFIT is offered every Saturday at 10am in Studio B, including additional classes advertised separately
ELC PLAYGROUND	Exclusive to our Household Members, an extension of our Playroom – ages 3 years to 8 years. *Children must be fully potty trained
TOT GYM	Join us in on the turf during TOT GYM.
SPECIAL EVENTS	Stay tuned for more updates on all our special events! Kids Night Out, Touch-a-Truck, Family Movie Night, and Trunk-or-Treat.
FAMILY SPORTS	New to the YMCA this fall we are adding several family fun sporting options free for members! On the turf we will host Mini Soccer games (Sat & Sun), Gym Class Games (Mon/Fri), Yard Games (Tues/Thu), Open Spikeball (Wed), and Kickball (Wed/Thu). On the courts enjoy Family Ping Pong (Mon/Tue).
