



# FAMILY MEMBERSHIP ACTIVITIES

## HALE FAMILY YMCA – SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>• Welcome Week* (starting 9/8)</li> <li>• Open Turf 7am - 6pm</li> <li>• Open Basketball 7am - 6pm</li> <li>• Open Family Track 9-11am</li> <li>• Playroom 8:45am-12pm</li> <li>• Arts &amp; Crafts 9am - 12pm</li> <li>• Books &amp; Bounce 11:30am - 4pm</li> <li>• Yard Games 2:30pm - 4:30pm</li> <li>• Open Family Swim</li> <li>• Youth Strength Drop In - All Day</li> <li>• Volunteer at Germantown Garden</li> <li>• Corn Festival*</li> </ul>	<ul style="list-style-type: none"> <li>• Welcome Week* (starting 9/8)</li> <li>• Open Turf 8am - 6pm</li> <li>• Open Basketball 8am - 6pm</li> <li>• Family Pickle Ball 10am - 12pm</li> <li>• Playroom 8am-12pm/4pm-8pm</li> <li>• Activity Center 8am-12pm 4pm - 8pm</li> <li>• Activity Center 8am-12pm 4pm - 8pm</li> <li>• Self-Guided Arts &amp; Crafts 12pm - 4pm</li> <li>• TOT Gym 12:15 - 1:30pm</li> <li>• Open Family Swim</li> <li>• Open Family Swim</li> <li>• Youth Strength Drop In - All Day</li> <li>• Volunteer at Germantown</li> </ul>	<ul style="list-style-type: none"> <li>• Welcome Week* (starting 9/8)</li> <li>• Open Turf 8am - 6pm</li> <li>• Open Basketball 8am - 6pm</li> <li>• Playroom 8am-12pm/4pm-8pm</li> <li>• Activity Center 8am-12pm /4pm-8pm</li> <li>• Family Pickle Ball 10am - 12pm</li> <li>• Self-Guided Arts &amp; Crafts 12pm - 4pm</li> <li>• Open Family Swim</li> <li>• Gym Class Games 4:30 -6pm</li> <li>• Youth Strength Drop In- All Day</li> <li>• Volunteer at Germantown</li> </ul>	<ul style="list-style-type: none"> <li>• Welcome Week* (starting 9/8)</li> <li>• Open Turf 8am - 6pm</li> <li>• Open Basketball 8am - 6pm</li> <li>• Playroom 8am-12pm/4pm-8pm</li> <li>• Activity Center 8am-12pm /4pm-8pm</li> <li>• Family Pickle Ball 10am - 12pm</li> <li>• Self-Guided Arts &amp; Crafts 12pm - 4pm</li> <li>• TOT Gym 12:15 - 1:30pm</li> <li>• Open Family Swim</li> <li>• Youth Strength Drop In- All Day</li> <li>• Youth/Teen Mentoring at Germantown</li> </ul>	<ul style="list-style-type: none"> <li>• Welcome Week* (starting 9/8)</li> <li>• Open Turf 8am - 6pm</li> <li>• Open Basketball 8am - 6pm</li> <li>• Playroom 8am-12pm/4pm-8pm</li> <li>• Activity Center 8am-12pm /4pm-8pm</li> <li>• Family Pickle Ball 10am - 12pm</li> <li>• Self-Guided Arts &amp; Crafts 12pm - 4pm</li> <li>• Open Family Swim</li> <li>• Gym Class Games 4:30 -6pm</li> <li>• Youth Strength Drop In- All Day</li> <li>• Volunteer at Germantown</li> </ul>	<ul style="list-style-type: none"> <li>• Welcome Week* (starting 9/8)</li> <li>• Open Turf 8am - 6pm</li> <li>• Open Basketball 8am - 6pm</li> <li>• Playroom 8am-12pm/4pm-8pm</li> <li>• Activity Center 8am-12pm /4pm-8pm</li> <li>• Family Pickle Ball 10am - 12pm</li> <li>• Self-Guided Arts &amp; Crafts 12pm - 4pm</li> <li>• TOT Gym 12:15 - 1:30pm</li> <li>• Open Family Swim</li> <li>• Open Family Swim</li> <li>• Youth Strength Drop In- All Day</li> <li>• Volunteer at Germantown</li> </ul>	<ul style="list-style-type: none"> <li>• Welcome Week* (starting 9/8)</li> <li>• Open Basketball 7am - 6pm</li> <li>• Self-Guided Arts &amp; Crafts 9am - 12pm</li> <li>• Playroom 8am-12pm</li> <li>• Open Family Track 9-11am</li> <li>• Family PoundFIT 10a (Every)</li> <li>• Open Turf 11am - 6pm</li> <li>• Books &amp; Bounce 11:30am - 4pm</li> <li>• Yard Games 2:30pm - 4:30pm</li> <li>• Open Family Swim</li> <li>• Youth Strength Drop In- All Day</li> <li>• ELC Playground 9-12pm</li> <li>• Volunteer at Germantown Garden</li> <li>• Corn Festival*</li> <li>• Touch-a-truck*</li> <li>• Rodman Ride*</li> </ul>

All offerings are subject to change without notice.

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## HALE FAMILY YMCA – SEPTEMBER 2022

<b>OPEN TURF / YARD GAMES</b>	The turf will be segmented by age group/family offerings / Come join us for Family fun yard games on the turf.
<b>OPEN BASKETBALL</b>	The Courts will be segmented by age group/family offerings
<b>OPEN FAMILY TRACK</b>	7-13 year olds, supervised by an adult/guardian, can utilize the track
<b>PLAYROOM</b>	Exclusive to our Household Members – ages 6 weeks to 6 years
<b>ARTS &amp; CRAFTS – SELF GUIDED</b>	Located outside of the Playroom, stop by and show you're artistic side.
<b>FAMILY PICKLEBALL</b>	Ages 7-13 years old, supervised by an adult/guardian, can play Pickleball. Equipment provided.
<b>BOOKS &amp; BOUNCE</b>	3 Books will be read according to age in our Multipurpose B Conference Room then Bounce from 12pm – 4pm located on the Turf for ages 3-8.
<b>YOUTH STRENGTH DROP-IN</b>	Ages 7-12 year olds can learn to utilize specified Cardiovascular & Strength equipment within our Health & Wellness Center.
<b>GERMANTOWN VOLUNTEERING</b>	Volunteer at our Germantown Neighborhood Center Garden, our Food Pantry or Teen Mentoring Program! Contact Josh for more information: <a href="mailto:Jesquivel@ssymca.org">Jesquivel@ssymca.org</a>
<b>OPEN FAMILY SWIM</b>	Located in our Family Pool or Lap Pool. Please check our website for open family swim times!
<b>FAMILY GROUP EXERCISE</b>	PoundFIT is offered every Saturday at 10am in Studio B, including additional classes advertised separately
<b>ELC PLAYGROUND</b>	Exclusive to our Household Members, an extension of our Playroom – ages 3 years to 8 years. *Fully Potty Trained required.
<b>TOT GYM</b>	Join us in on the turf during TOT GYM.
<b>GYM CLASS GAMES</b>	Join our Y staff as they host various gym class classics on our basketball courts! Horse, Four Square and more!
<b>SPECIAL EVENTS</b>	Join the YMCA community during some of our marque events! Welcome Week (starting 9/8), Rodman Ride (Sept. 24), Touch-a-Truck (more information to come on our website) and Corn Festival (Sept. 24 & 25).